

PIMA COUNTY JUVENILE COURT CENTER

EVIDENCE-BASED SERVICES SUBCOMMITTEE

Recommendations for Training & Certification in Trauma Treatment

EVIDENCE-BASED TRAUMA-SPECIFIC TREATMENT

The EB Services Subcommittee recommends that any trauma services offered to court-involved families be evidence-based trauma-specific treatment that is supported by research. The EBS Subcommittee has drawn on recommendations from the following premier organizations in the field.

California Evidence-Based Clearinghouse (CEBC)

CEBC makes recommendations for child welfare populations based on number/strength of studies.

- **Website:** <http://www.cebc4cw.org/>
- **Rating scale:** 1 to 5 (1 is highest); NR is not rated but promising w/ 1 or 2 studies

American Psychological Association (APA) and Department of Veterans Affairs/Department of Defense (VA/DoD)

APA and VA/DoD developed clinical practice guidelines to provide recommendations on psychological and pharmacological treatments for posttraumatic stress disorder (PTSD) in adults, based on comprehensive systematic reviews of existing research at the time of publication.

- APA's guidelines are located at: <https://www.apa.org/ptsd-guideline/ptsd.pdf>.
 - **Rating Scale:** Strong ("the panel recommends"), Conditional ("the panel suggestions"), Insufficient Evidence to recommend for or against
- VA/DoD's guidelines are located at: <https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGFinal012418.pdf>.
 - **Rating Scale:** Strong for (or "We recommend offering this option ..."), Weak for (or "We suggest offering this option ..."), No recommendation for or against (or "There is insufficient evidence..."), Weak against (or "We suggest not offering this option ..."), Strong against (or "We recommend against offering this option ...")

Title IV-E Prevention Services Clearinghouse

Still in its nascent stages, it is being developed to identify programs that qualify for funding from the Family First Prevention Services Act.

- **Website:** <https://preventionservices.abtsites.com/>
- **Rating Scale:** Well-supported, supported, promising, or does not currently meet criteria

SAMHSA Evidence-Based Practices Resource Center

SAMHSA'S EBP Resource Center provides some resources and information about treatment programs. However, unlike SAMHSA's previous registry NREPP, it is now quite difficult to find research or ratings on behavioral health treatment using the EBP search engine. Since some Pima County agencies currently provide treatment based on NREPP ratings, we include it as a source.

- **Website:** <https://www.samhsa.gov/ebp-resource-center>

TRAUMA CERTIFICATION AND TRAINING REQUIREMENTS

For Agencies Delivering Evidence-Based Trauma-Specific Treatment Curriculum

PCJCC's EBS Subcommittee recommends that any individual who delivers trauma-specific treatment curriculum be trained and certified in the curriculum, deliver the treatment with fidelity,

and engage in ongoing consultation and training to improve program implementation and performance.

For Individual Therapists/Counselors Treating Trauma

PCJCC recommends that any professional who is treating trauma be either an independently licensed mental health (MH) professional with training/certification in treating trauma, or a MH professional with training/certification in treating trauma under the supervision of an independently licensed MH professional. PCJCC’s recommended minimum requirements are often more rigorous than those of the organizations that provide trauma treatment certification (see below). The reason is that children and their families involved in the child welfare system need access to quality services so they can optimize their ability to resolve the issues that resulted in the initial removal of children, and to avoid future involvement in child welfare. PCJCC prioritizes making referrals for court-involved families to agencies whose therapists meet the Court’s recommended minimum requirements.

PCJCC’s EBS Subcommittee recommends that any individual who delivers trauma therapy and/or trauma-specific treatment curriculum be trained and certified in the curriculum, deliver the treatment with fidelity, and engage in ongoing consultation and training to improve program implementation and performance.

PCJCC’s Evidence-Based Services Subcommittee Recommendations for Trauma Training & Certification Requirements				
Organization	# hours	Certification for Individual Therapists	Organization's Minimum Requirements	Court's Minimum Requirements
Arizona Trauma Institute	18	Certificate in Complex Post Traumatic Stress Disorder (C-PSTD)	Advanced Graduate	Either an independently licensed mental health (MH) professional with training/certification in the treatment of trauma, including: <ul style="list-style-type: none"> • LCSW (licensed clinical social worker) • LPC (licensed professional counselor) • LMFT (licensed marriage and family therapy professional counselor) • Licensed psychologist Or an MH professional with training/certification in trauma treatment under the supervision of an independently licensed MH professional.
Children's Institute	81.5 to 110 hours	Child Parent Psychotherapy Roster	Master's degree to take training, Independently Licensed to be Rostered	
International Association of Trauma Professionals	36	Certification in Complex Trauma & Related Disorders (CCTP-II)	Independently Licensed Professional	
International Association of Trauma Professionals	12.5	Certified Clinical Trauma Professional (CCTP)	Advanced Graduate	
National Institute for Trauma and Loss in Children (TLC Institute)	30	Certified Trauma Practitioner-Clinical	Post-Graduate	
National Institute for Trauma and Loss in Children (TLC Institute)	60	Advanced Certified Trauma Practitioner (SITCAP-ART)	Post-Graduate	
PESI	70	Certificate in Traumatic Stress Studies	Post-Graduate	
Somatic Experiencing Trauma Institute	246	Somatic Experiencing Practitioner (SEP)	Active Professional Practice	
Trauma Institute & Child Trauma Institute	85	Certificate in Trauma Therapy (CTT)	Advanced Graduate	